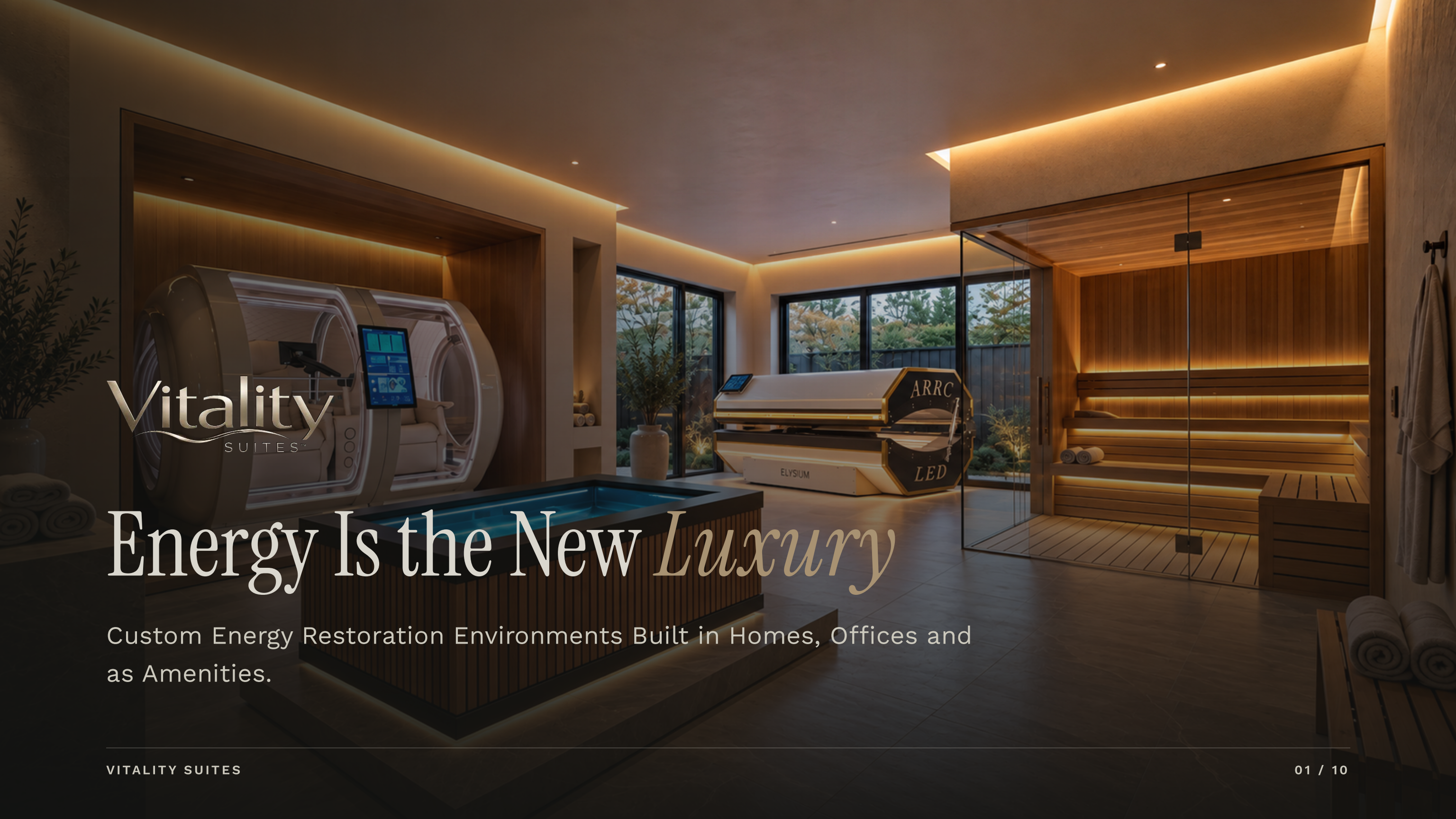




Vitality
SUITES™

Energy Is the New *Luxury*

Custom Energy Restoration Environments Built in Homes, Offices and as Amenities.

A Personal Invitation *From John*

We are entering an extraordinary time in personal energy and rejuvenation. Technologies once experienced primarily through specialized centers can now be thoughtfully integrated into the places where life actually happens.

I created Vitality Suites to bring that opportunity into the home, office, and amenity space. Each suite is a custom energy and rejuvenation environment designed around its setting and the people who will use it.

The breakthrough is convenience. When meaningful recovery is private, beautifully integrated, and close at hand, it becomes easier to make it part of everyday life. If that possibility speaks to you, I would be glad to explore what it could become in your space.

“Advanced light therapy sits at the center of every Vitality Suite.”



John Allen Mollenhauer

FOUNDER, VITALITY SUITES

Under John's leadership, Regenus Center has delivered more than **58,000 recovery sessions** for clients.

One Vision. *Three Levels.*

Each level describes the scope and integration of the complete environment. The right fit depends on the people, the space, and the intended use.



01
Custom Elite

A fully integrated personal energy environment with premium systems, custom architecture and interiors, and complete coordination from concept through activation.



02
Signature

A more complete recovery and rejuvenation environment with multiple technologies, coordinated spatial planning, and a personalized BioVitality Protocol™ built around the people who will use it.



03
Essential

A focused Vitality Suite for an existing or compact space. BioVitality Pro™ anchors an approachable environment with selected complementary technologies and little or no major construction.

The suite level describes the complete environment. Equipment selection follows the assessment.

ASSEMBLE → INTEGRATE → CUSTOMIZE

Life Takes Energy. *Your Environment Should Give It Back.*

Work, travel, training, and responsibility draw from the same finite reserve. When the energy we spend continually exceeds the energy we restore, the deficit begins to shape how we feel and perform.

We call that gap Personal Energy Debt.

A Vitality Suite brings restoration within reach, making it practical enough to become part of everyday life.

Personal Energy Debt

ENERGY SPENT



ENERGY RESTORED



THE GAP

“Vitality Suites Move You From Energy Debt to an Energy First Path for a More Rejuvenated Lifestyle.”

A Private Reset, *Woven Into the Day*

Every setting has its own rhythm. A Vitality Suite is designed around the people who will use it, the time they actually have, and the experience the space needs to create.



Home

Make recovery part of daily life without another trip or appointment.



Office

Create a private place to reset between demanding moments.



Amenity

Create a distinctive wellness experience for residents, members, or guests.

Across every setting, the purpose remains the same. Help people leave with more energy than they brought in.

The BioVitality *Protocol*™

ASSESSMENT FIRST. TECHNOLOGY WITH PURPOSE.

The BioVitality Protocol™ begins with an in-depth assessment. We consider how you live, your energy restoration goals, the space available and how the experience of your Vitality Suite will fit naturally into your day.

- 01

Photobiomodulation
Red and near-infrared light
- 02

PEMF
Foundational electromagnetic support
- 03

Circulation and Lymphatic Activation
Compression and rhythmic support
- 04

Oxygenation
Oxygen-centered conditioning
- 05

Infrared Heat
Controlled heat and recovery
- 06

Cold Exposure
Deliberate cooling and contrast



BioVitality Pro serves as the light anchor in many suites. John may specify other premium systems when a project calls for a different solution.

Advanced light sits at the center of every Vitality Suite.

PBM/light is the anchor → BioVitality Protocol organizes the experience → complementary technologies build outward.



From Regenus Center to Vitality Suites

A new chapter in personal energy restoration, shaped by real-world experience.

EXPERIENCE IT

Regenus Center

58,000+

RECOVERY SESSIONS

Under founder John Allen Mollenhauer's leadership, Regenus Center has delivered more than 58,000 recovery sessions. That daily experience informs how technologies, space, and the client experience work together.



MAKE IT YOURS

Vitality Suites

Home, Office & Amenity

Vitality Suites brings that thinking into a private environment designed for the people who will use it. Instead of traveling to a center, energy restoration technologies can be close at hand and available on demand in a home, office, or amenity space.

The evolution is convenience: restoration where life happens.

How We *Work*

Vitality Suites remains accountable from the first conversation through installation, activation, and ongoing use.

01

Understand

John begins by understanding the people, goals, space, and intended use.

02

Design

Vitality Suites develops the room plan, selects the systems, and creates the protocol.

03

Coordinate

We manage equipment, delivery, room requirements, trades, and timing.

04

Install

We oversee placement, setup, testing, and commissioning.

05

Activate and Support

We orient the users, establish the routine, and remain available as needs evolve.

When an architect, designer, contractor, or property team is already involved, Vitality Suites coordinates directly with them.



10 / THE NEXT STEP

Your Suite Begins *With a Conversation*

Every project begins with a simple question: What do you want this environment to make possible?

If the idea interests you, call me. I will answer your questions, learn about your space, and help you decide the right next step.



John Allen Mollenhauer

FOUNDER, VITALITY SUITES

CALL OR TEXT JOHN DIRECTLY

973-535-8750

vitalitysuites.com